



Township of Cedar Grove
Recreation Department
525 Pompton Ave. Cedar Grove, NJ 07009
(973) 239-1410 x220

Hardcore Hoops Summer Basketball Camp II

FOR CANCELLATIONS DUE TO INCLEMENT WEATHER;

Call the weather hotline, 973-230-9944.

- **Who:** Girls & Boys entering 1st-8th grade in September
LIMITED SPACE
- **Where:** **Grades 1-2** at Memorial Middle School
Grades 3-8 at Cedar Grove High School
- **When:** August 3 – August 7
- **Times & Fee:** Entering 1st & 2nd Grades; 9:00am-12:00pm
Gr 1-2 Early Registration Fee: \$160
Entering 3rd-8th Grades; 9:00am-3:00pm
Gr 3-8 Early Registration Fee: \$230
\$10 added to fee after 7/17/26
NO REFUNDS - REGISTRATION ONLINE ONLY

Description: This year Cedar Grove Rec will team up with Coach Joe, founder of Hardcore Hoops and NBA Trainer (<http://hardcorehoops.net/>), and the Cedar Grove High School Boys Varsity Basketball Coach, TJ Jones in a week long Fundamentals First Basketball Camp.

Schedule:

9:00am- Attendance

9:15am- Stretching, Speed & Agility, Strength

10:00am- Snack Break

10:15am- Skill Work, Shooting, Dribbling, Passing, Defense, 1vs 1, Low Post

11:15am- Team Concepts & Games

12:00pm- 1st/2nd grade pick-up

12:15pm- Lunch; you have the option to purchase pizza for \$2/slice on a daily basis. There is also a cash concession for snacks & drinks. You can also opt to bring your own lunch/drinks/snacks.

12:45pm- Contests

1:45pm- Games

3:00pm- Departure

