



Township of Cedar Grove
Recreation Department
525 Pompton Ave. Cedar Grove, NJ 07009
(973) 239-1410 x220

Cedar Grove Spring Track
FOR CANCELLATIONS DUE TO INCLEMENT WEATHER;
Call our Weather Hotline #973-230-9944

DEADLINE IS MARCH 2nd

- **Who:** Cedar Grove Boys & Girls 1th-8th grades
(Gr. 1-3 Clinic; Gr 4-8 Team)
- **Where:** Panther Park – Bradford Ave., Cedar Grove
- **When:** **1st-3rd grade CLINIC; LIMITED SPACE IN CLINIC!**
Tuesdays: April 14, 21, 28, May 5, 12 & 19
4th-8th grade TEAM;
Mondays, Tuesdays & Thursdays (March 16-end of May)
** Athletes that qualify from the 4th - 8th grade team will compete in the Suburban Essex Rec Meet of Champions Meet scheduled on a Saturday in June.*
- **Time:** 5:00-6:00pm
- **Fee:** **1st-3rd grade: \$50.00 - - 4th-8th grade: \$95.00**
DEADLINE MARCH 2nd – if added at Rec Dept discretion
after March 2nd, there will be a \$20 fee added
NO REFUNDS AFTER MARCH 2nd
REGISTRATION WILL BE ACCEPTED ONLINE ONLY
<https://parksrec.egov.basgov.com/cedargrovenj>

Description: Program will be coached by Cedar Grove Resident, John Borgese, who attended Villanova on a Track Scholarship, alongside his returning assistants, Eddie Bates & Michael Doster. Coach Borgese was a three time All-American, two-time national champion, and a member of a U.S. National Junior Track and Field team where he won a bronze medal in the 1982 Jr. Pan-American Games, a Penn Relay and a high school All-American. Participants of this program will train for various field events including; running, long jump and turbo javelin. The 4th-8th grade team will compete in meets with surrounding townships and parents are responsible for transportation of their child(ren) to all meets.