



**Township of Cedar Grove
Recreation Department**
525 Pompton Ave. Cedar Grove, NJ 07009
(973) 239-1410 x220

Creative Movement
FOR CANCELLATIONS DUE TO INCLEMENT WEATHER;
Call our Weather Hotline #973-230-9944

- **Who:** Children Ages 4-6 – LIMITED CLASS SIZE
- **Where:** Cedar Grove Community Center
- **When:** **Tuesdays;**
March 24, 31, (skip 4/7), April 14, (skip 4/21 & 4/28),
May 5, (skip 5/12), 19, 26, June 2, 9 & 16
- **Time:** 5:00-5:45pm
- **Fee:** **Early Registration Fee: \$110.00/child**
Fee after 3/13/26: \$120.00/child
No refunds after program start
REGISTRATION WILL BE ACCEPTED ONLINE ONLY
<https://parksrec.egov.basgov.com/cedargrovenj>
- **Description:** What to wear: Comfortable clothes with sneakers. Ballet slippers may also be worn. Creative Movement, is an introduction to dance. The class teaches the basics of self-expression through movement, visualization and audio associations. With the use of props and music, the children will explore the 4 elements of creative dance: body, space, force and time. This class will include a series of warm ups, across the floor and introduction of a movement theme. This class will also enhance balance; coordination, musicality and future develop motor skills.